

Came to Believe

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NEW SELVES UNFOLDING

In my own experience, a spiritual awakening was not found by seeking it. Others claimed spiritual belief came with sobriety, and I wanted that belief so desperately that I almost missed it altogether.

Then a series of adversities set in. It seemed everything I had was swept away. My emotional stability was so tested that a couple of times I considered suicide.

But at no time was a drink considered, even though craving the taste of liquor hit me momentarily at times. However, the First Step and I have always been great friends. I repeated every 5 seconds and thanked God each day for my sobriety – the only grace, maybe, for that day.

Gradually, I began to see another part of me emerging - -a grateful me, expecting nothing, but sure that another power was beginning to guide me, counsel me, and direct my ways. And I am not afraid.

Then, as this power began to unfold new selves within me, a greater understanding of my fellowmen began. With a new awakening each day –new strengths, new truths, new acceptance Of A.A. people and people not in A.A. --a new world opened up. And everyday, it still does.

For adversities, loneliness, sickness, losses, and disappointments mean nothing now. I'm happy, because I came to believe –not only in God, but in the goodness in everyone.

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